



Death & Dessert :

A basic guide to End-of-Life Planning

July 28, 2026

Liberty Library, Liberty, ME



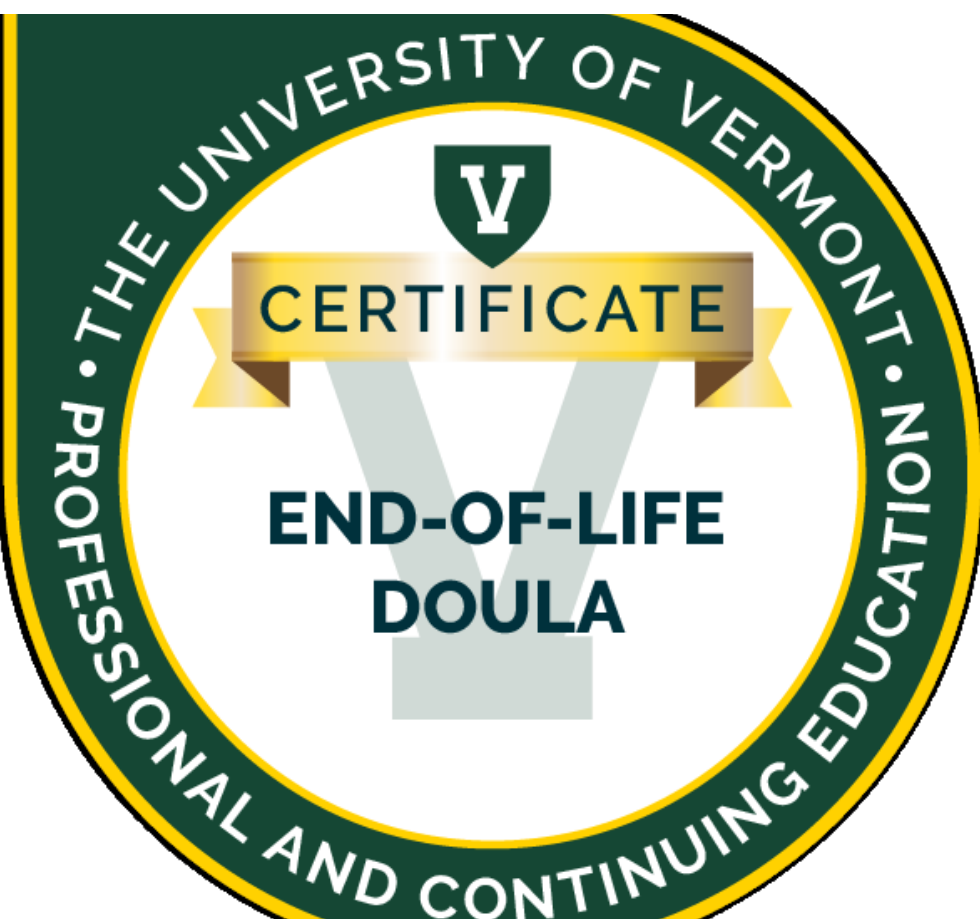
FUNERAL
CONSUMERS ALLIANCE
OF MAINE



Who am I?

See Holly Run

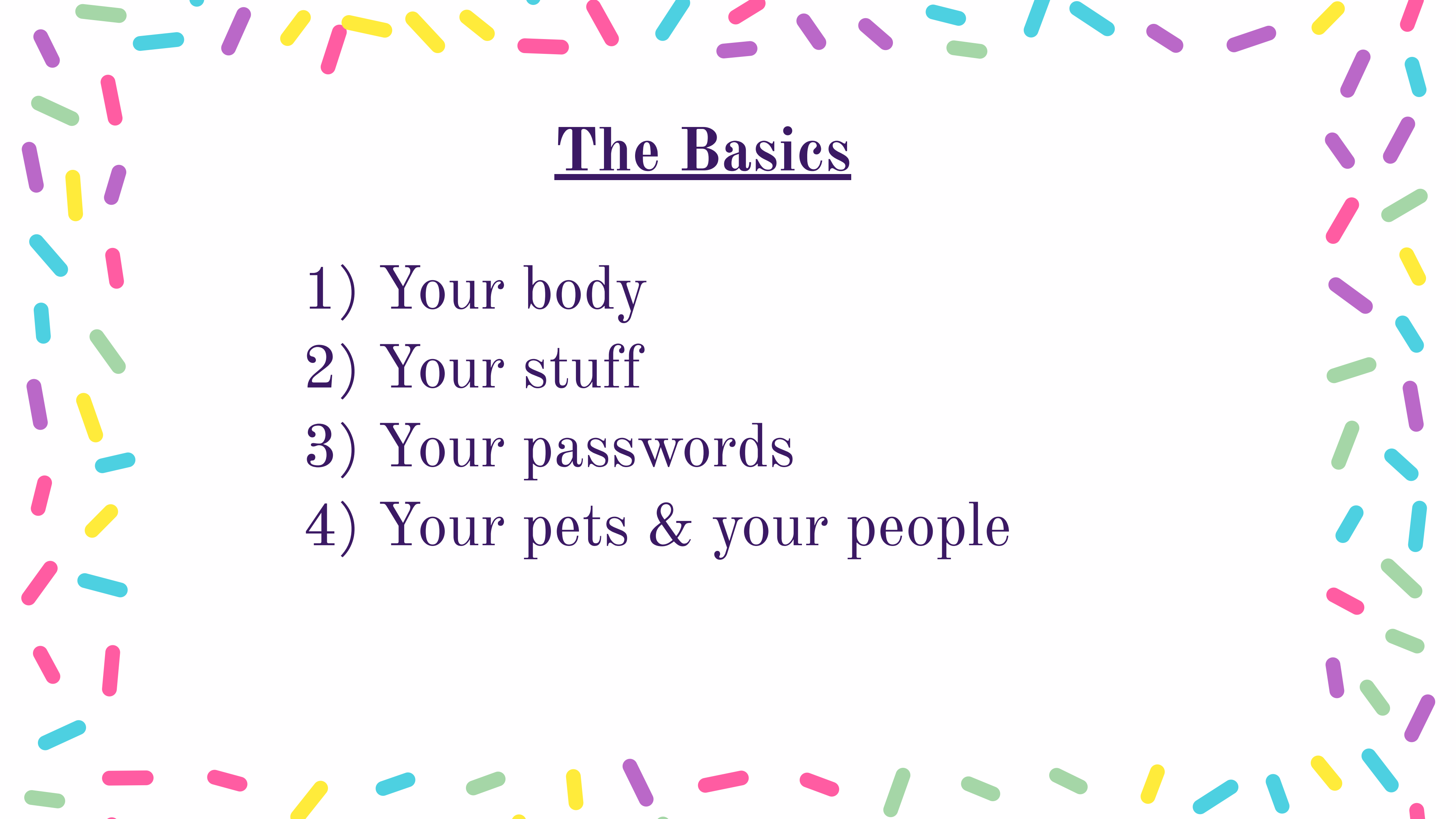
Join this middle-aged runner as she stumbles her way through li





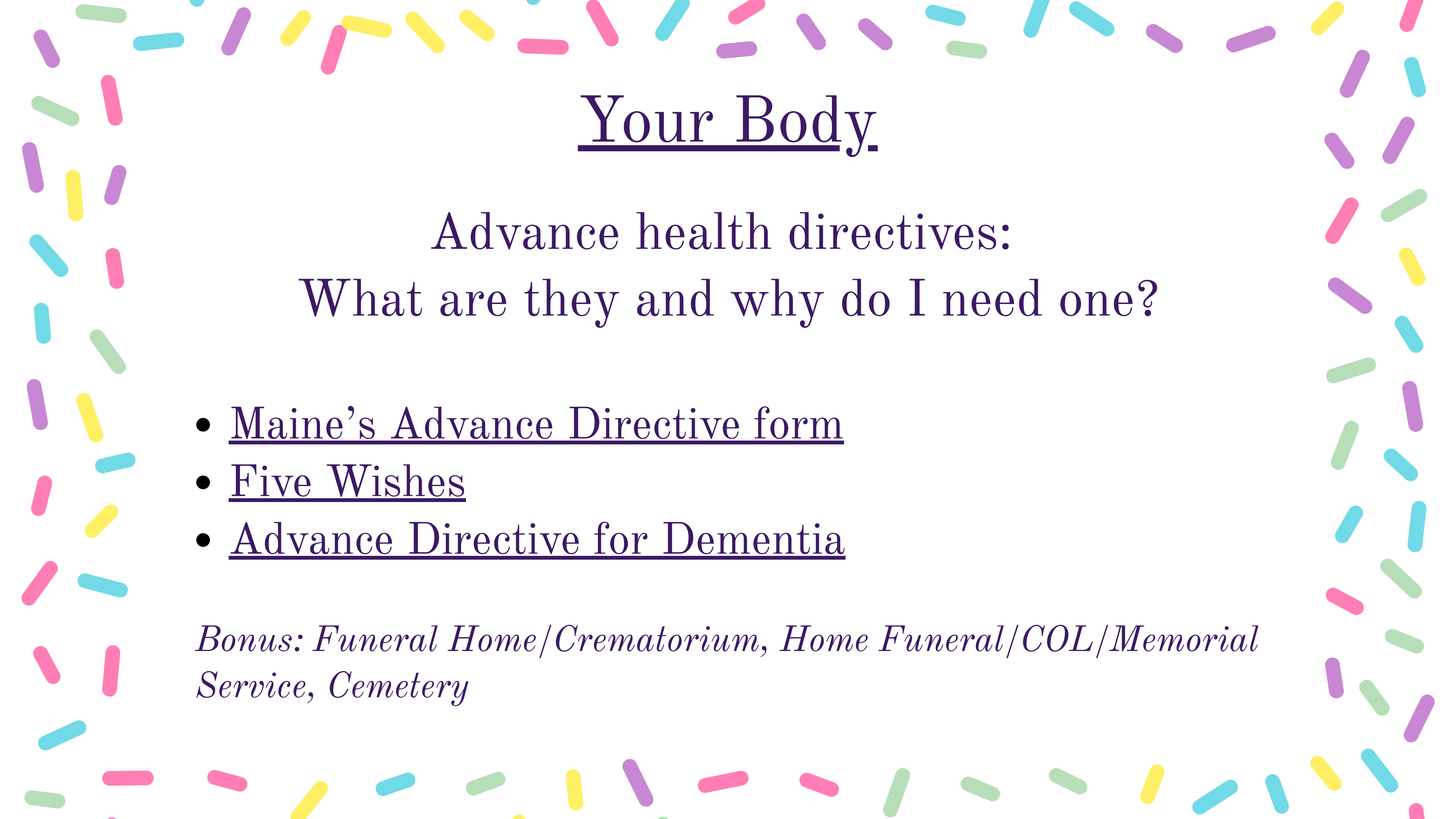
Why I do this



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The Basics

- 1) Your body
- 2) Your stuff
- 3) Your passwords
- 4) Your pets & your people

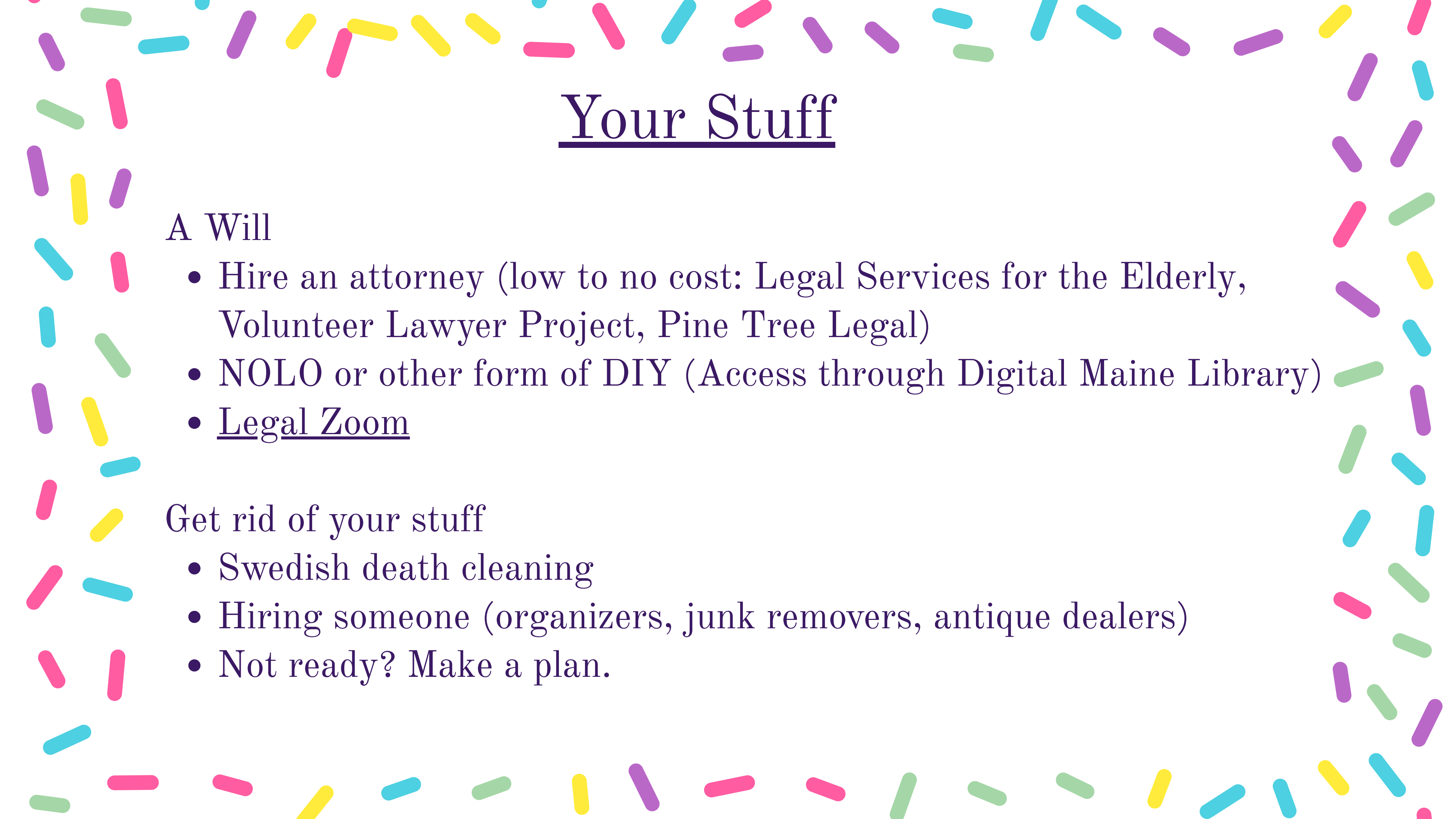
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Your Body.

Advance health directives:
What are they and why do I need one?

- Maine's Advance Directive form
- Five Wishes
- Advance Directive for Dementia

Bonus: Funeral Home/Crematorium, Home Funeral/COL/Memorial Service, Cemetery

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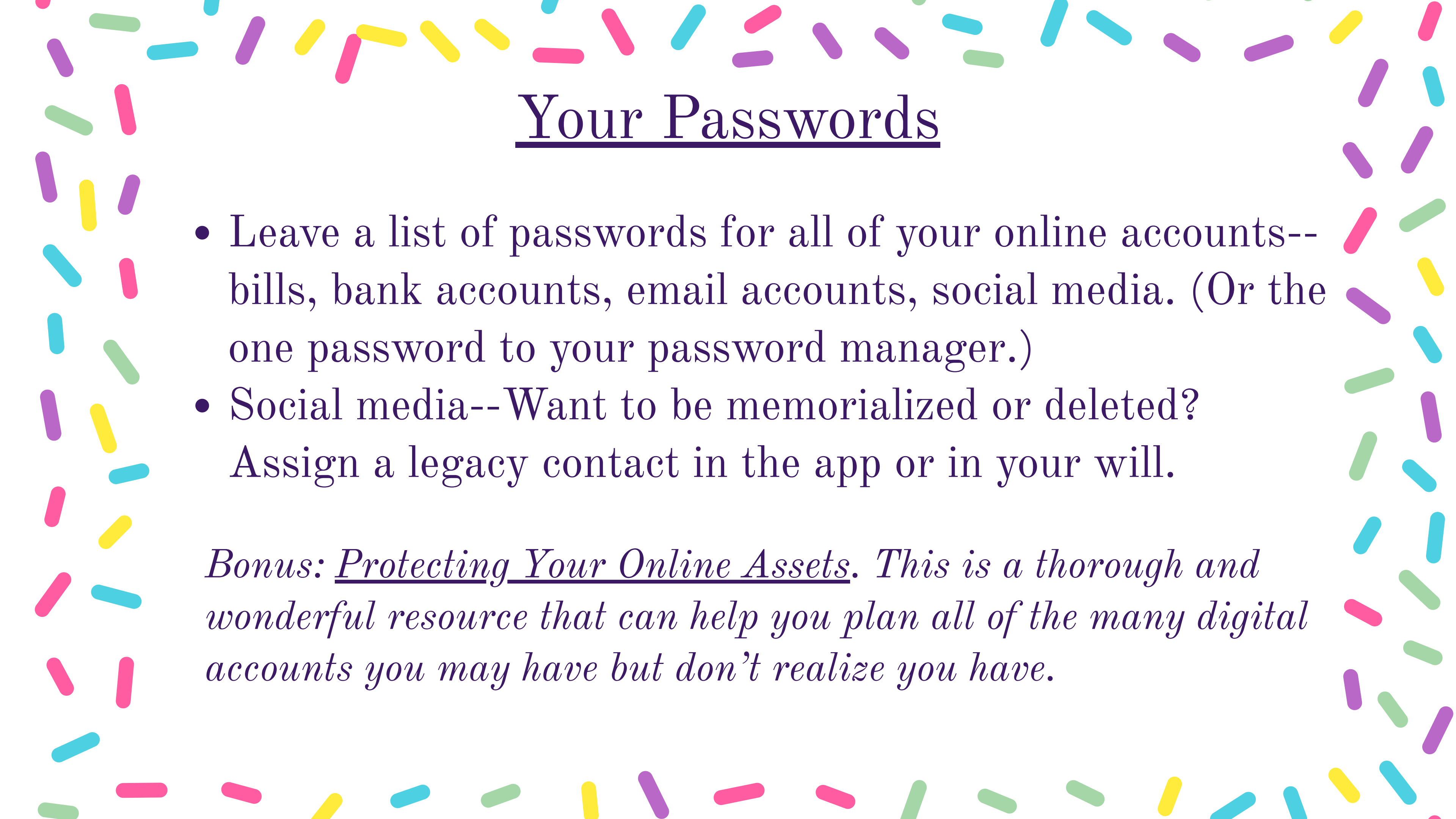
Your Stuff

A Will

- Hire an attorney (low to no cost: Legal Services for the Elderly, Volunteer Lawyer Project, Pine Tree Legal)
- NOLO or other form of DIY (Access through Digital Maine Library)
- Legal Zoom

Get rid of your stuff

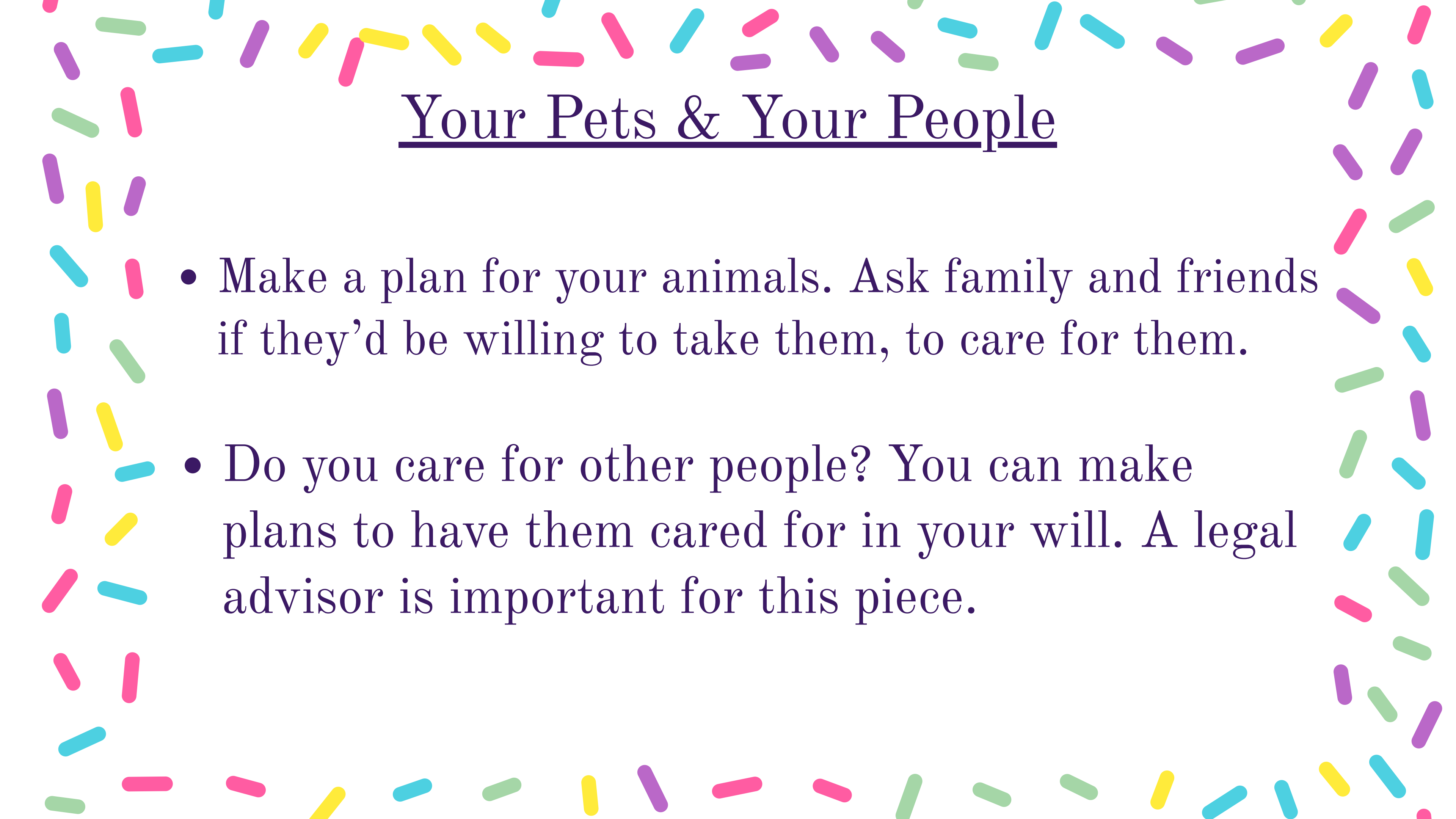
- Swedish death cleaning
- Hiring someone (organizers, junk removers, antique dealers)
- Not ready? Make a plan.

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Your Passwords

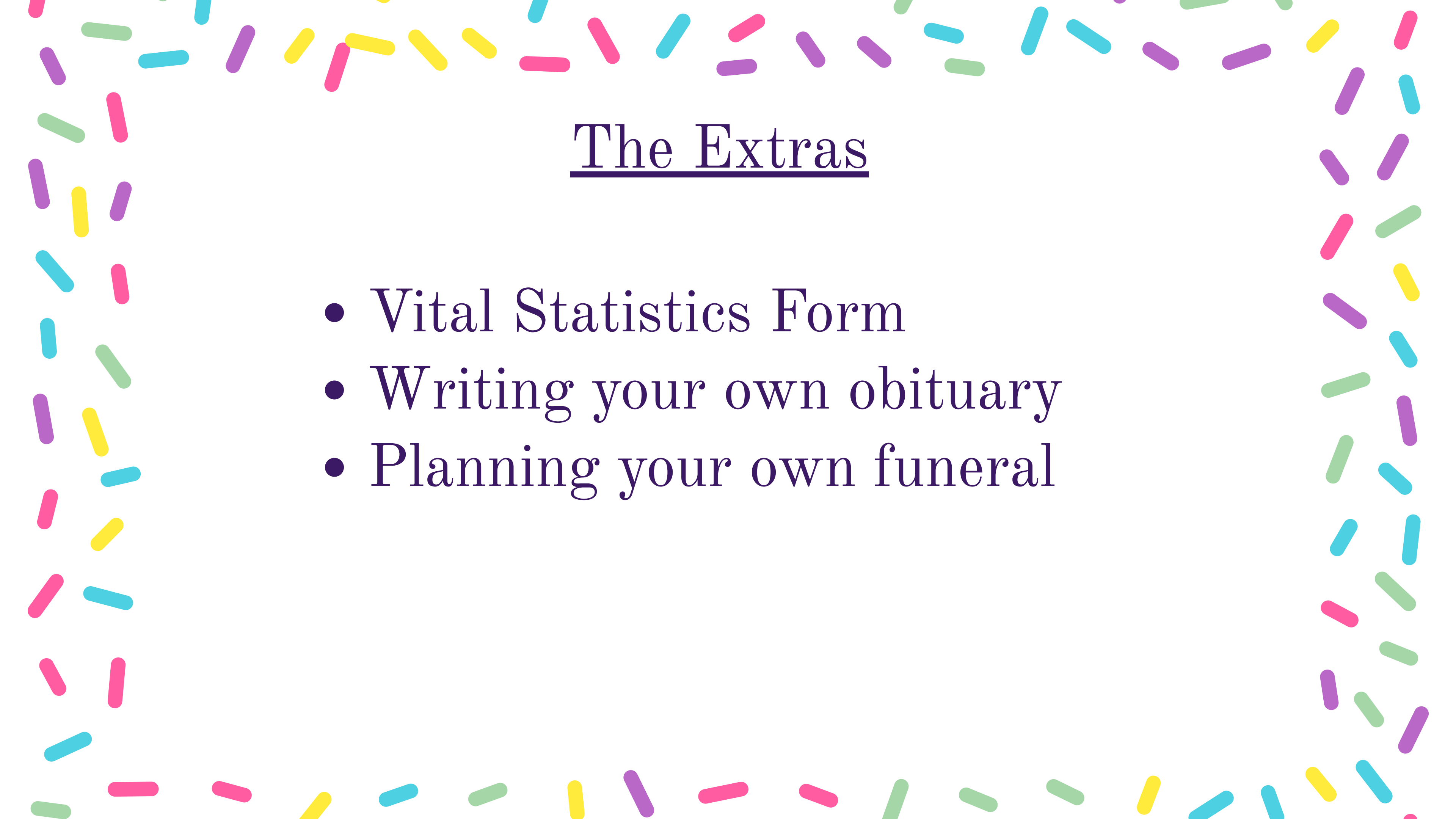
- Leave a list of passwords for all of your online accounts-- bills, bank accounts, email accounts, social media. (Or the one password to your password manager.)
- Social media--Want to be memorialized or deleted? Assign a legacy contact in the app or in your will.

Bonus: Protecting Your Online Assets. This is a thorough and wonderful resource that can help you plan all of the many digital accounts you may have but don't realize you have.

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Your Pets & Your People

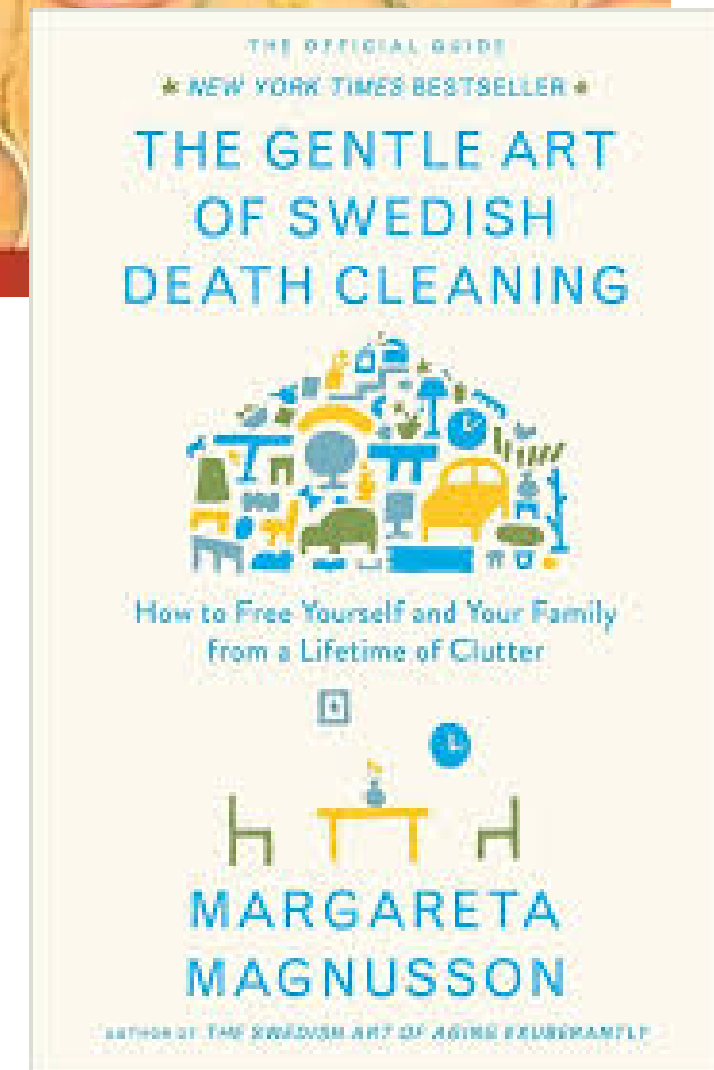
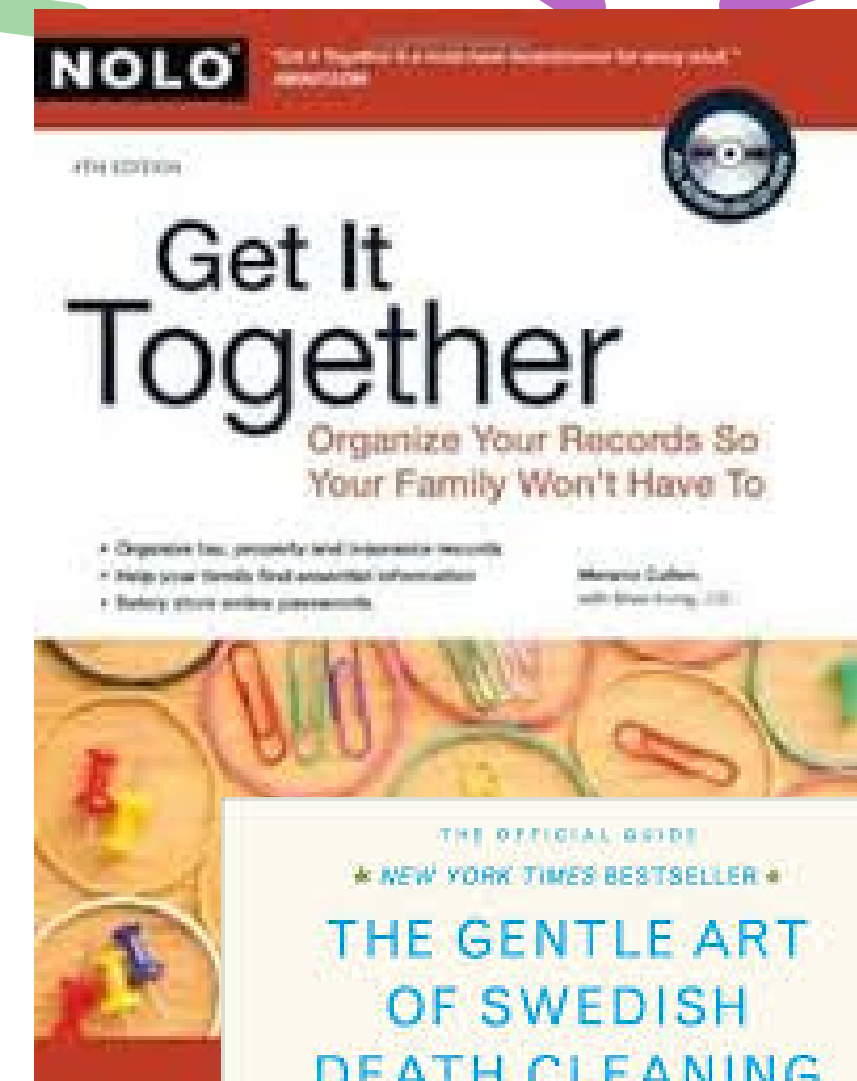
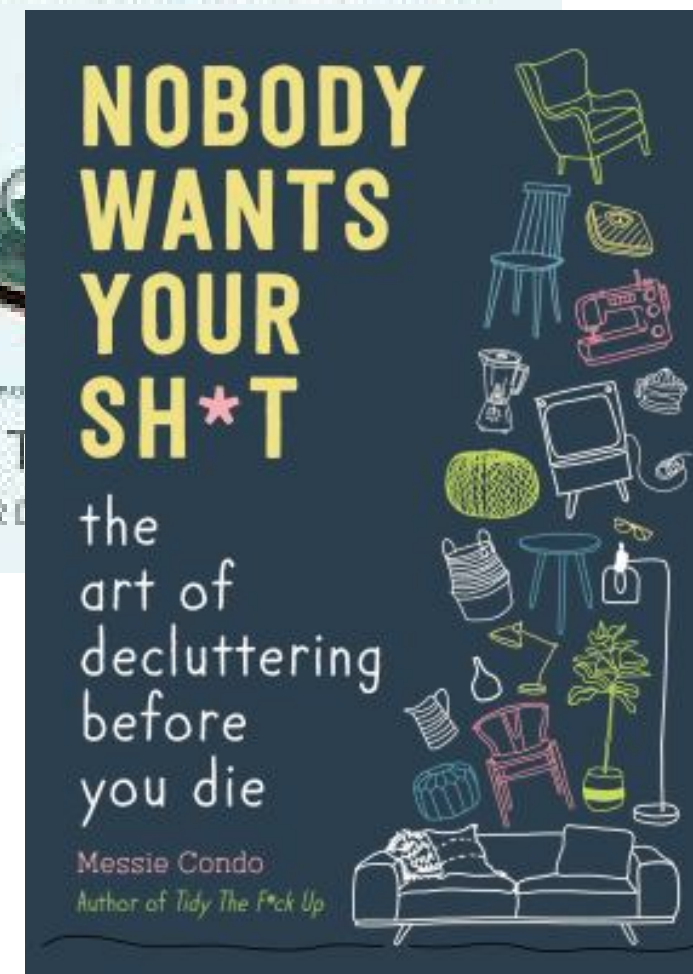
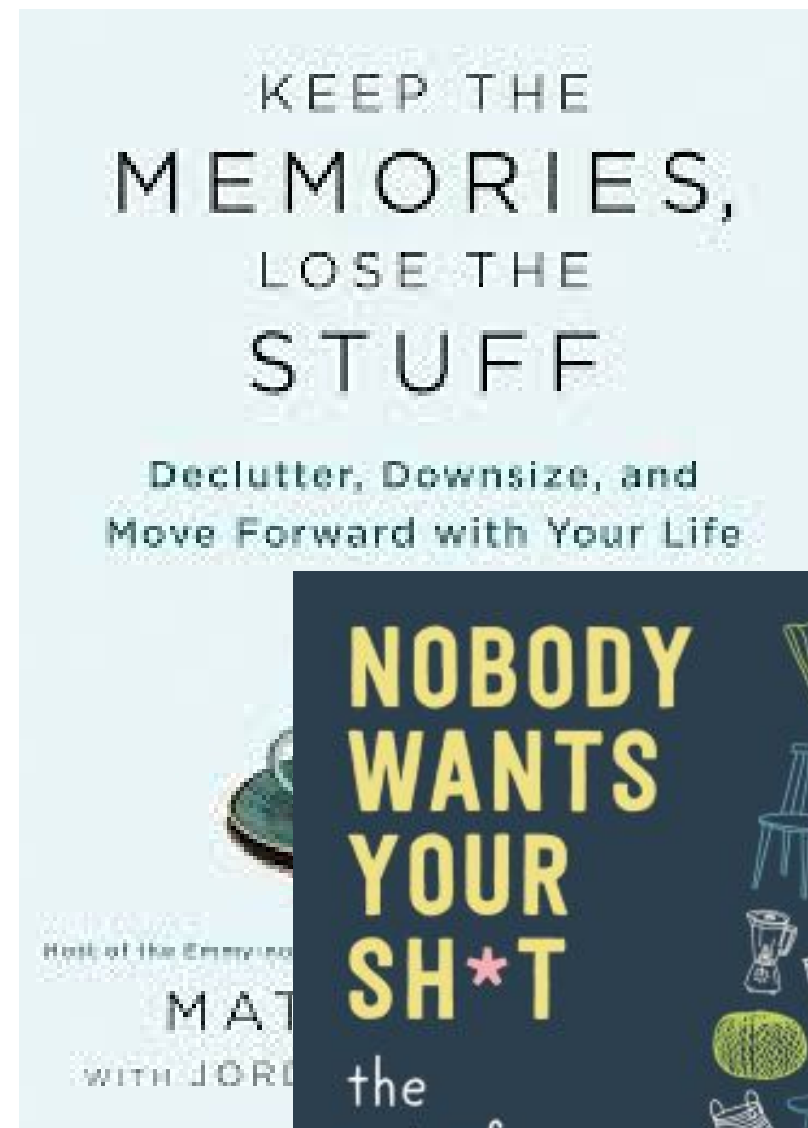
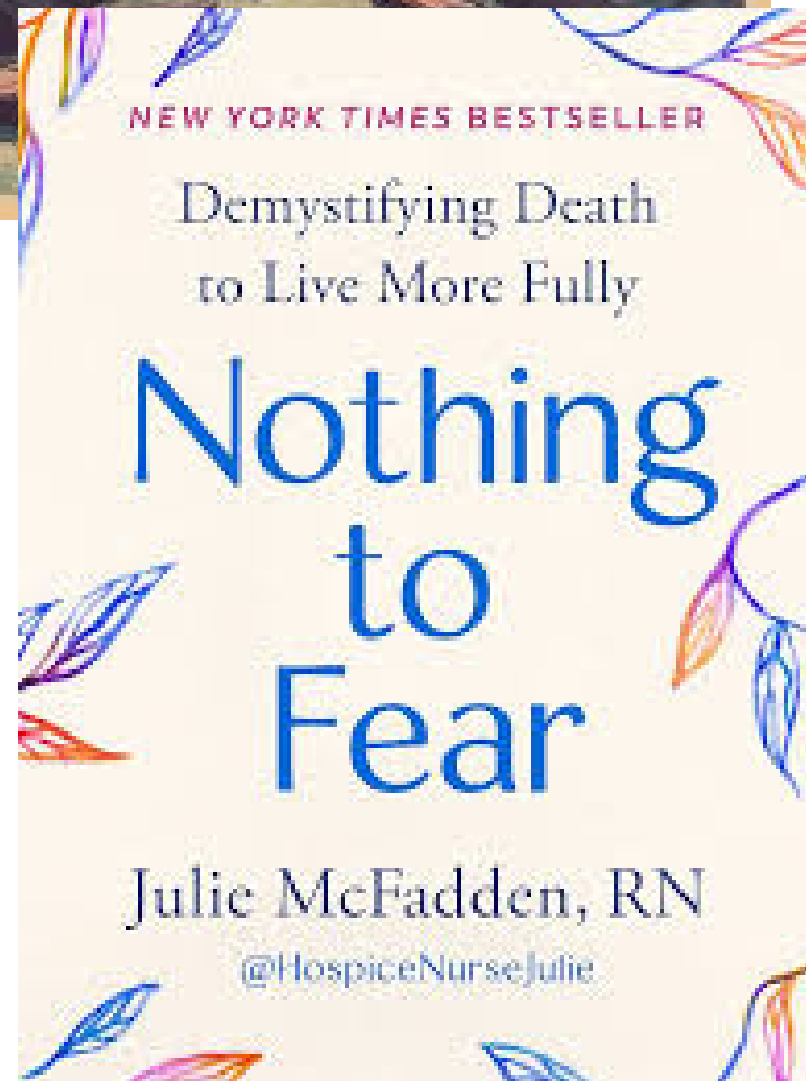
- Make a plan for your animals. Ask family and friends if they'd be willing to take them, to care for them.
- Do you care for other people? You can make plans to have them cared for in your will. A legal advisor is important for this piece.

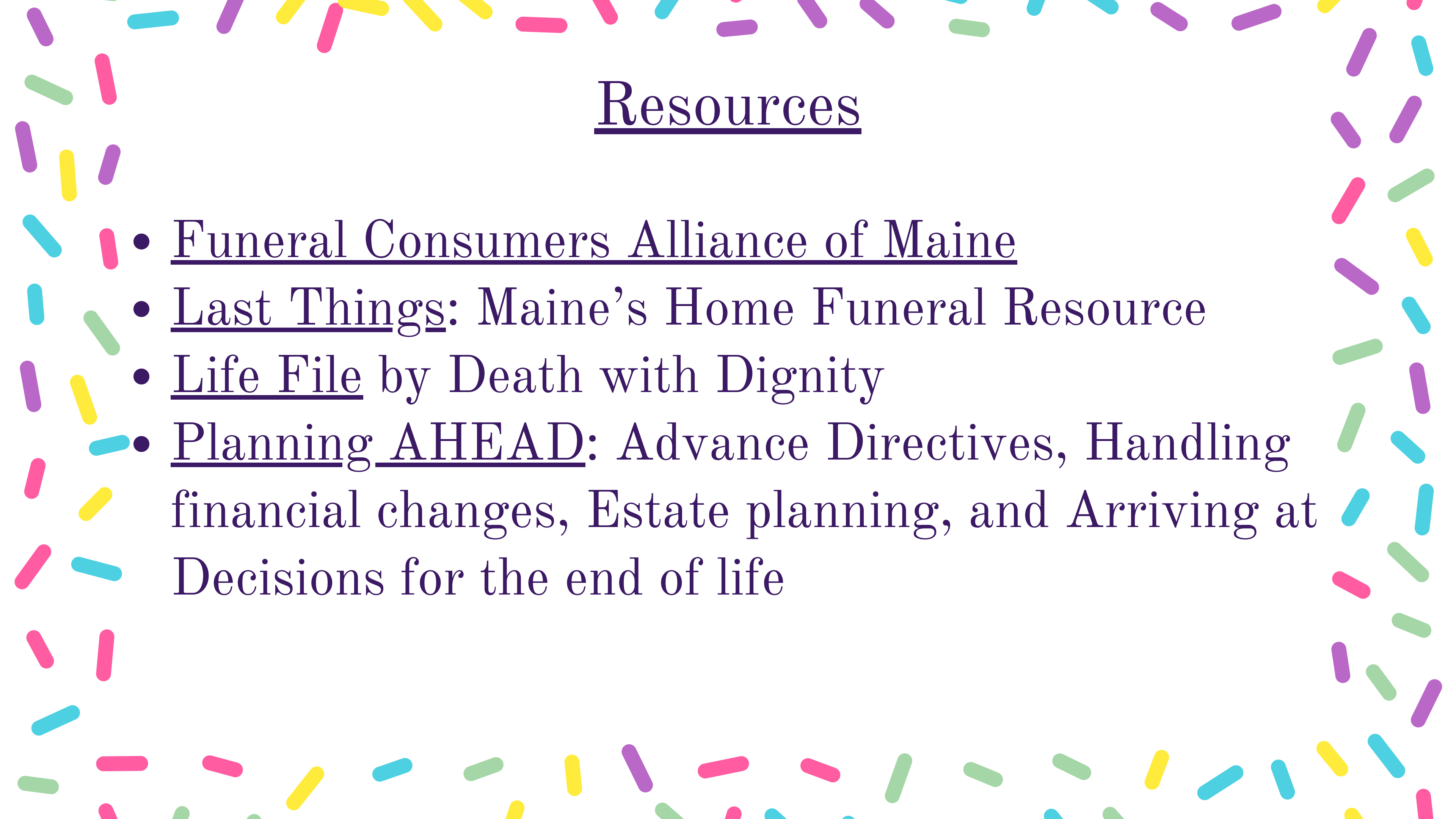
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The Extras

- Vital Statistics Form
- Writing your own obituary
- Planning your own funeral

Book List



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Resources

- Funeral Consumers Alliance of Maine
- Last Things: Maine's Home Funeral Resource
- Life File by Death with Dignity
- Planning AHEAD: Advance Directives, Handling financial changes, Estate planning, and Arriving at Decisions for the end of life



Thank You!

Questions?

endoflifelibrarian@gmail.com

endoflifelibrarian.com